



All Saints Catholic School

Shining our light, building a community of saints.

Mission Statement

United and nourished by the Word of God and the Eucharist, our culturally diverse Catholic school inspires learning within a nurturing and dynamic environment of academic excellence and Gospel values

The Sentinel Newsletter

February 25, 2026

Principal's Message

One of the cornerstones of Catholic education is a commitment to excellence in all things. And one of the ways that we strive to maintain such an environment is by regularly seeking your feedback regarding your level of satisfaction with your experience of our school. With this in mind, tomorrow we will forward to parents the annual parent satisfaction survey. The instrument that we use for this process is the *Net Promoter Survey*, a two question methodology that allows us to measure performance over time while also providing parents an opportunity to offer a detailed narrative response. In advance, thank you for your participation in this process which helps us ensure that our goals are aligned to the needs of our students and the perceptions of parents in our school community.

Wishing you and your family a blessed Lenten season!

Shining our light, building a community of saints!



Virtues in Practice - March

Virtue of the Month: Mercy

Definition: Caring for those who suffer

Saints: St. John Vianney (Gr. PK-2), St. Faustina (Gr. 3-5), St. Teresa of Calcutta (Gr. 6-8)

Middle School Science Fair

Last week our 7th grade class participated in the annual Science Fair during which each student presented their research and responded to questions from a group of judges comprised of parents and community members as well as students from St. John Paul the Great Catholic High School.

Overall Winners:

1st Place - Arabella S. ("The Effect of Temperature on the Strength of Clay Sculptures")

2nd Place - Kieran M. ("The Effect of Salt Concentration on Water Buoyancy")

3rd Place - Santiago L. ("The Effect of Cheering on the Amount of Balls Thrown into a Bucket")

Animal Sciences:

1st Place - Shaela P.

2nd Place – Rose T.

3rd Place -Eva C.

Behavioral and Social Sciences:

1st Place – Santiago L.

2nd Place – George B.

3rd Place – Roger L.

Chemistry:

1st Place – Kieran M.

2nd Place – Valarie A.

3rd Place - Zachary D.

Medicine and Health Sciences:

1st Place – Aaron O.

2nd Place – Adeline F.

3rd Place - Parker S.

Microbiology:

1st Place – Daniella B.

2nd Place - Frances G.

Material Sciences:

1st Place - Arabella S.

2nd Place – Sophia B.

3rd Place – Isabella I.

Physics:

1st Place - Sibriya K.

2nd Place - Knox H.

3rd Place - Reagan B.

Plant Sciences:

1st Place - Ariana B.

2nd Place – Daisy C.

Diocesan Honor Band

Congratulations to the following band students who were nominated and have accepted positions in the 2026 Honor Band to be held at Bishop Ireton High School. The Diocese Honor Band has been a regular activity held at Bishop Ireton since 1979, except during the COVID years, to foster more advanced levels of musicianship. The students rehearse on Monday nights for six weeks and present a concert with the Bishop Ireton High School Wind Ensemble.

Shaela P. (7th Grade)

Sara B. (6th Grade)

Noah P. (8th Grade)

Piper S. (8th Grade)

Reagan B. (7th Grade)

Logan C. (8th Grade)

Charlie M. (8th Grade)

Christian M. (6th Grade)

We look forward to their concert at Bishop Ireton High School, Garwood Whaley Hall, on Tuesday, April 21. Congratulations, again, to these students for the opportunity to pursue higher levels of performance.

Message from the nurse

There has been an increase of visits to the clinic with symptoms, such as but not limited to fatigue, headaches, runny nose and congestion. If any of these symptoms

are overwhelming for your child or are impeding their ability to participate in class, they will need to be picked up from school for rest and recovery at home. Your child's symptoms must be improving to return to school, including no fever within 24 hours and no vomiting within 24 hours.

If you have questions or concerns, please contact the school nurse
703.368.4400 ext. 207 jsullivan@allsaintsva.org

Lunch Menu - March



March 2026



DAILY PRICES: LUNCH ONLY - \$5.00 Whole Milk - Students: \$.60 100% Juice - \$.50

Mon	Tue	Wed	Thu	Fri
2 Breakfast Sandwich English Muffin Turkey Sausage Egg Patty and Yellow Cheese Tater tots Fresh Oranges	3 NACHO DAY! Tortilla Chips Seasoned Beef Nacho Cheese Sauce Cornbread Assorted Toppings	4 Chicken Patty Sandwich OR Ham & Cheese Sandwich Potato Wedges Fresh Grapes *Choc. Chip Cookies for sale	5 Cheese Pizza OR Chicken Salad Sandwich Breadstick Caesar Salad	6 Pasta w/ Spaghetti Sauce OR Plain Buttered Pasta Broccoli Fresh Oranges
9 NO SCHOOL Diocesan Teacher Workday	10 Cheeseburger OR Hamburger Baked Beans Corn on the Cob	11 Soft Chicken Tacos OR Ham & Cheese Sandwich White Rice Black Beans Fresh Grapes *Sugar Cookie for sale	12 Pepperoni Pizza OR Tuna Salad Sandwich Garden Salad Apple Sauce w/ Cinnamon	13 Breaded Pollock Sticks OR Cheese Sandwich Mac & Cheese Green Beans Fresh Oranges
16 NO SCHOOL Diocesan Professional Development Day	17 Pancake w/ Syrup Turkey Sausage Scrambled Egg Fresh Oranges	18 Soft Beef Tacos OR Chicken Quesadilla White Rice Black Beans Chilled Tropical Fruit *Assorted Chips for sale	19 Vocelli's Cheese Pizza OR Chicken Salad Sandwich Tossed Salad Fresh Oranges	20 Pasta w/ Marinara Sauce OR Plain Buttered Pasta Broccoli Fresh Grapes
23 Meatballs Sub OR Turkey & Cheese Sandwich Potato Chips Chilled Peaches	24 Chicken Nuggets OR Ham & Cheese Sandwich Mac & Cheese Green Beans	25 Hot Ham & Cheese OR Hot Turkey & Cheese on croissant Tater Tots Fresh Grapes *Choc. Puddin w/whipped cream for sale	26 Pepperoni Pizza OR Tuna Salad Sandwich Caesar Salad Fresh Apples	27 Rice Bowl & Water
30 Chili Dog OR Hot Dog Potato Chips Chilled Pineapple	31 PASTA w/BEEF MEATBALLS OR PLAIN BUTTERED PASTA BROCCOLI FRESH ORANGES			

*Grades 3-8 ONLY—Extra entrée may be ordered for \$3.00 charged to lunch account.
Salads may be ordered in place of main entrée or side item may be replaced with side salad.
Side items (Potato chips, cookies, fruit, etc.) may be purchased for \$.75 and charged to lunch account.

Soup Supper

All Saints Catholic School is hosting the parish Lenten soup supper from 5-7pm next Wednesday, March 4th. Please join us for a night off of cooking and enjoy dinner with our parish and school community! There are also plenty of opportunities to volunteer

both in person and with donations: [Event Sign Up Sheet | Track It Forward](#). This is a wonderful parish tradition and we hope you can join us!

Important Reminders

- **Catholic Relief Services (CRS) Rice Bowls**

Last week each of the students received a cardboard rice bowl into which they can place their donations during Lent. All of the funds will benefit CRS Rice Bowl which is sponsored by Catholic Relief Services, the official international humanitarian agency of the Catholic community in the United States.

At the end of Lent, families will be asked to convert the contributions from their children into a check to be submitted to All Saints after which our school will forward all of the funds to the diocese.

Here are some strategies that you may wish to consider in shaping your family's Lenten plan:

- Use your CRS Rice Bowl and Lenten Calendar each day to guide your Lenten prayer, fasting, and almsgiving.
- As a family, read the online *Stories of Hope* and daily reflections to inspire your Lenten journey and guide your Lenten almsgiving.
- Prepare simple meatless meals on Fridays throughout Lent, in solidarity with our brothers and sisters around the world. Recipes for simple meals can be found on the CRS website.

For more information, including spiritual reflections, short video presentations on the topic of Lent, and virtual Stations of the Cross, please see the link below.

<https://www.crsricebowl.org>

- **Open House – March 5 (9:00 a.m.)**

All Saints Catholic School will host an *Open House* for prospective parents on Thursday, March 5 beginning at 9:00 a.m. in the Parish Activities Center. All parishioners and members of the community interested in learning more about our school are cordially invited to attend. For more information, please contact Mrs. Mary Rodriguez, Administrative Assistant, at (571) 516-3170 or mrodriguez@allsaintsva.org.

If you are interested in volunteering to set up for the Open House or would like to donate refreshments for the event, please do so below:

Item Donations: <https://www.trackitforward.com/site/935959/event/1201753>

Volunteers: <https://www.trackitforward.com/site/935959/event/1201754>

ALL SAINTS CATHOLIC SCHOOL

MARCH OPEN HOUSES

Pre-Kindergarten to 8th Grade

All Saints Catholic School

Thursday, March 5 at 9:00 AM
Thursday, March 26 at 6:00 PM

RSVP: 571-516-3170 | allsaintsva.org

- **Continuous Enrollment Program Fee**

The Continuous Enrollment Fee will automatically be billed through FACTS accounts on **March 2, 2026**.

The completion of the contract (for first year families) and payment of this fee will confirm enrollment for your child/ren for the upcoming school year.

- **Substitute Teacher Opportunities**

All Saints is seeking additional substitute teachers for grades PK-8. For more information about this employment opportunity or to request an application, please contact the school office at 703-368-4400 or schooloffice@allsaintsva.org.

- **Tuition Assistance Program (2026-2027)**

Important information regarding Diocesan Tuition Assistance for the upcoming academic year is now available. For details about the program, please see the flyer found at the link below.

- [2026-2027 Tuition Assistance Flyer](#)

Information about the program can also be found on the diocesan website.

- <https://www.arlingtondiocese.org/catholic-schools/tuition-assistance>

The key financial aid dates for **2026-2027** are as follows:

October 31, 2025	FACTS financial aid application closes for 2025-2026
November 1, 2025	FACTS financial aid application opens for 2026-2027
January 12, 2026	Financial aid application due date for diocesan high school students
March 14, 2026	Financial aid application due date for diocesan K-8 school students

Diocesan Teacher Job Fair - March 21

Each spring the Diocese of Arlington hosts a *Teacher Job Fair* for those interested in learning more about the ministry of Catholic education. This year the event will take place at St. Bernadette School from 9:00-11:00 a.m. on Saturday, March 21. For more information about the event, please see the link below



discover you

Teacher Job Fair

Saturday, March 21, 2026
9-11 AM
St. Bernadette Catholic School
7602 Old Keene Mill Road
Springfield, VA

Explore
website
<https://arlingtondiocese.org/catholic-schools>
job openings
<https://www.arlingtondiocese.org/catholic-schools/careers/>
application process
<https://arlingtondiocese.org/catholic-schools/careers/application/>

Register



A special "Career Switcher" session will be held from 9:30 a.m.-10:00 a.m. to answer questions regarding qualifications to teach in the Diocese.

Discover the Diocese of Arlington. Meet with school representatives to explore teaching in one of the **37** elementary schools, **4** high schools and **4** stand-alone preschools serving almost **18,000** students in the **13** cities and counties in this growing diocese. Our schools are seeking highly-qualified, faith-filled and dynamic professionals.

- **Yearbook Orders**

A wonderful way to commemorate the school year is by purchasing an All Saints Yearbook. **Our 2025-2026 school yearbook is available to order now!**

The cost is \$25.00 per yearbook, and personalization is available for an additional fee of \$5.00.

All orders must be placed online through the link below:

- Please visit the Lifetouch website to order online:
<http://www.buytheyearbook.com/>.
- The All Saints school code is **733573**.

For questions regarding the All Saints Catholic School Yearbook, please contact Mrs. Cecilia Mondarez at cmondarez@allsaintsva.org.

Thank you for your continued support of the yearbook and All Saints Catholic School.

All Saints Catholic School - Father Daughter Dance

Tickets are officially on sale for the All Saints Father Daughter Dance! To purchase your tickets, you can simple scan the QR code on the flyer below or use the link provided:

Father Daughter Dance - [Purchase Tickets](#)

If you are interested in volunteering with setup or would like to donate refreshments for the event, please sign up using the link below:

[Volunteer Sign up](#)

All Saints Catholic School
Father Daughter Dance

Saturday, March 7, 6:30-8:30pm

Parish Activity Center



Enchanted Forest

All girls prek-8th grade
with their father figures

Scan QR code to purchase advanced tickets.

Advanced Tickets: \$15/father and first daughter

\$5 each additional daughter

(Advanced tickets close 2/28; At the door: \$20/\$5)

Enjoy light refreshments & treats,
fun with DJ, door prizes, and more!

Bring cash for basket raffles,
\$1/raffle ticket.

Don't forget your phone or camera for
the photo booths!



- **2026 VOLLEYBALL and SPRING TRACK & FIELD**
Registration Now Open

To register, please go to <https://allsaintsyouthministry.org/sports>

Girls Volleyball (Grades 3–8)

CYO registration opens: February 1

Registration deadline: **March 5th**

Girls in 3rd–8th grade are invited to participate in All Saints CYO Volleyball!

Season Details:

Practices: Once per week beginning March 16, held in the All Saints GymGames:

Saturdays and Sundays at parishes throughout the Diocese

End-of-Season
Tournament: Mid-May

Cost: \$40 per player

Preseason Skills Clinic: March 15th

All Saints CYO relies on the generosity of parent and community volunteers. If you are interested in coaching (head or assistant) or have questions about the volleyball program, please contact Laura Emden, Volleyball Commissioner, at laura.emden@gmail.com

All coaches and volunteers must be certified in Diocesan child protection, including VIRTUS™ training. If you are not yet certified, we are happy to help you begin the process.

Spring Track & Field (Boys & Girls, Grades 3–8)

CYO registration opens: February 1

Registration deadline: **March 9th**

Boys and girls in 3rd–8th grade are welcome to join the All Saints Spring Track & Field program.

Season Details:

Practices: Held at the Pennington Track Wednesdays and Saturdays

Meet: Saturday, 5/16/26, @ Bishop O'Connell High School

(6th, 7th, and 8th grade in the morning; 3rd, 4th, and 5th in the afternoon)

Cost: \$20 per participant

Preseason Skills Clinic: March 14th

All Saints CYO relies on the generosity of parent and community volunteers. If you are interested in coaching (head or assistant) or have questions about the Track program, please contact Hank Konstanty, Track Commissioner, at hkonstanty@gmail.com

All coaches and volunteers must be certified in Diocesan child protection, including VIRTUS™ training. If you are not yet certified, we are happy to help you begin the process.

Save the Date!



The PTO Family Bingo Night has been rescheduled for Saturday, April 18th!

Doors open at 6 pm in the PAC.

More information to follow.

Upcoming Events

Wednesday, February 25

SCA Sponsored Black History Month Dress Down Day

Lock Down Drill

Lenten Penance Service – Grades 6-8 (10:00 a.m.)

Thursday, February 26

Stations of the Cross – Grades K-2 – Closed Event (2:15 p.m.)

Friday, February 27

School Mass – St. Gregory of Narek (8:30 a.m.)

Monday, March 2

Continuous Enrollment Fee (FACTS)

Wednesday, March 4

PTO Sponsored Lenten Soup Supper (PAC/5:00-7:00 p.m.)

PTO Executive Committee Meeting (PAC Atrium/7:00 p.m.)

Thursday, March 5

Open House (PAC/9:00 a.m.)

Adoration & Benediction – Closed Event (2:15 p.m.)

Faculty Meeting (3:30 p.m.)

Friday, March 6

School Mass (8:30 a.m.)

Bread of Life Kick-Off Assembly (2:00 p.m.)

End of Trimester II (PowerSchool Parent Portal Closes)

Saturday, March 7

Pueri Cantores Festival for Schola Members (National Basilica/10:30 a.m. – 5:30 p.m.)

PTO Sponsored Father/Daughter Dance (PAC/6:30-8:30 p.m.)

Monday, March 9

Holiday (Diocesan Teacher Workday)

Thursday, March 12

Spirit Wear Day

Stations of the Cross – Grades 3-5 – Closed Event

Enrollment Management Team Meeting (PLC/7:00 p.m.)

Friday, March 13

Uniform Exchange (PAC Atrium/8:00-10:00 a.m.)

School Mass (8:30 a.m.)

Trimester II Report Cards Sent Home

Saturday, March 14

Deadline: FACTS Financial Aid Applications (Elementary Schools)

Monday, March 16

Holiday (Diocesan Professional Development Day)

Tuesday, March 17

Bread of Life Food Drive Begins

Wednesday, March 18

Stations of the Cross – Grades 6-8 – Closed Event

Thursday, March 19

School Mass – Solemnity of St. Joseph (8:30 a.m.)

National Junior Honor Society Induction Ceremony (1:30 p.m.)

Saturday, March 21

Diocesan Job Fair (St. Bernadette School/9:00 – 11:00 a.m.)

Wednesday, March 25

PTO Executive Committee Meeting (PAC Atrium/7:00 p.m.)

Thursday, March 26

Stations of the Cross – Grades K-8 (2:15 p.m.) – Closed Event

Faculty Meeting (3:30 p.m.)

Open House (PAC/6:00 p.m.)

Friday, March 27

School Mass (8:30 a.m.)

Bread of Life Food Drive Ends