

9th Annual

Running with the Saints 5K

March 21, 2020 at 8:15 am

<https://runsignup.com/Race/VA/Manassas/RunningWiththeSaints>

**How can
I get
involved?**

1



Register!
by February 28th

- Fill out the attached paper registration or go online and register by February 28th for early bird pricing and a guaranteed t-shirt!
- Student runners can dress down in their race t-shirts on March 27th, the Friday after the race!

2

Sign up Sponsors

- Now you can earn shares by signing up sponsors for the 5K!
- Who do I ask? Restaurants, Doctors, and Local Businesses love to support their community.

Earn Shares

1. One Platinum Sponsorship = Five Shares
2. One Gold Sponsorship = Three Shares
3. One Silver Sponsorship = Two Shares
4. One Bronze Sponsorship = One Share

3



**SPREAD
THE WORD**



- Like our Running with the Saints 5K Facebook Page.
- Share the event with your friends.

Support the Gregory Family!

In addition to supporting All Saints School, we will also be raising funds for the Gregory Family to help ease the financial burden of Joe Gregory's fight with ALS.

4

**HELP
WANTED!**

- Race Day Volunteers are needed. From setup to parking attendants to registrations, we have a job for you!
- We need donations! Gift cards, raffle prizes, food and beverages are just some of the many items listed on Help Counter.

Questions? Ask Joan Coleman @ jcoleman02@comcast.net

9TH ANNUAL RUNNING WITH THE SAINTS 5K

Saturday, March 21, 2020 • 8:15 am

All Saints School • 9294 Stonewall Road • Manassas, VA 20110

<https://runsignup.com/Race/VA/Manassas/RunningWiththeSaints>

Register online or complete the following form (one sheet PER person). Paper registrations must be accompanied with a check made out to All Saints School.

Registrations completed and received by February 28th are guaranteed an event T-Shirt.

Name	/ / Date of Birth	Gender (M or F)
Address	City	Zip
Email	Phone	Age on race day

Registration Entry Fee:

- | | |
|--|--|
| <input type="checkbox"/> Adult Early Bird 5K \$25.00 (before Feb 28, 2020) | <input type="checkbox"/> Student Early Bird 5K \$15.00 |
| <input type="checkbox"/> Adult Regular 5K \$30.00 | <input type="checkbox"/> Student Regular 5K \$20.00 |

T-Shirt Size:

Mens S ☐ M ☐ L ☐ XL ☐ 2XL ☐ **Ladies** S ☐ M ☐ L ☐ XL ☐ 2XL ☐ **Youth** S ☐ M ☐ L ☐

Additional Donation to the Gregory Family = \$ _____

Waiver & Release (must be signed):

I acknowledge that running a road race is a potentially hazardous activity and that I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event, including, but not limited to, falls, contact with other participants, the effects of weather, including high heat and/or humidity, traffic and the conditions of the road; I know and appreciate such risks.

I voluntarily and without reservation and on behalf of myself and my family hereby indemnify, defend and save harmless All Saints Catholic School (hereafter called SCHOOL), to include but not limited to, the Diocese of Arlington, The Most Reverend Michael F. Burbidge and his successors in Office, their officers, employees, and volunteers, from any and all liability, loss damages, costs or expenses which are sustained, incurred, or required arising out of the Running with the Saints 5K in the course of the event, or from any photo/image, voice or video published during the event.

The SCHOOL is not furnishing and is not responsible for and assumes no liability in connection with the following: • Participation in the Running with the Saints 5K • Guarantee or assure safety of participants • Elimination of all risks from the environment • Assumption of liability or responsibility for the actions of persons who are not volunteers or employees of the SCHOOL.

Further, I grant permission to all the foregoing to use any photographs, motion pictures, recording, or any other record of this event for legitimate purposes. I give consent to use my name and/or likeness for publicity and promotional purposes without obligation or liability to me. I also understand that my entry fee, once paid, is non-refundable.

Signature:

Name of Signor (Printed):

Date:

. If under age of 18, must be signed by parent or guardian

RUNNING WITH THE SAINTS 5K SPONSORSHIP FORM

Saturday, March 21, 2020 • 8:15 am

All Saints School • 9294 Stonewall Road • Manassas, VA 20110

The Running with the Saints 5K is a fun, family-friendly event that raises funds to support the students and teachers of All Saints Catholic School. A sponsorship is an opportunity to visibly advertise your goods or services to the race participants and the All Saints Catholic Church community, a parish of over 5,800 local families. In addition, our race will raise funds for Joe Gregory and his family to help ease the financial burden of his fight with ALS.

☐ Platinum Level Sponsor -- \$750

- Advertise at our Water Stop or Race Check-In table
- All items included in sponsorship levels below

☐ Gold Level Sponsor -- \$500

- Your Logo or group name will appear on our Start/Finish banner
- Company or group name mention during race announcements
- All items included in sponsorship levels below

☐ Silver Level Sponsor -- \$250

- Logo or group name will appear on official race T-Shirt
- Your Logo or group name will appear on mile marker sign
- Two free registrations to participate in the race
- All items included in sponsorship levels below

☐ Bronze Level Sponsor -- \$100

- Your promotional material will be made available to all racers in their race day packets
- Your logo/group name and contact information will be promoted via social media and listed on the All Saints Catholic School website

20 % of all sponsorships will be donated to the Gregory Family.

___YES, I would like to be an official sponsor of the 2020 Running with the Saints 5K and have mailed my check in the amount of \$_____ to: Running with the Saints 5K • All Saints Catholic School • 9294 Stonewall Road • Manassas, VA 20110 **Deadline for Sponsors: February 21, 2020.**

Please email your logo in .eps format to Sue Haggerty at suehaggertyva@gmail.com

Business/Sponsor Name

Contact Name

Address

City

Zip

Email

Phone

Website / Facebook Page