

October 2019



Daily Prices: Lunch only - \$3.50* Low Fat Milk - Students: 18¢ for first milk; 35¢ for each additional milk Adults: 35¢ each 100% Juice - 35¢

Mon	Tue	Wed	Thu	Fri
	1 Italian Sub OR American Sub Potato Chips Pickle Chilled Peaches	2 Chicken Nuggets <u>OR</u> Turkey & Cheese on Wheat Bread Dinner Roll Seasoned Green Beans Baked Cookie	3 Pepperoni Pizza* <u>OR</u> Fresh Made Chicken Salad on Wheat Bread Tossed Salad Tropical Fruit	4 Fish Sticks <u>OR</u> Ham & Cheese on Wheat Bread Macaroni & Cheese Mixed Vegetables Apple Slices
7 Chicken Patty on Bun* <u>OR</u> Ham & Cheese on Wheat Bread Seasoned Green Beans Mandarin Oranges	8 Meatball Sub OR Turkey & Cheese on Wheat Bread Potato Chips Jello w/Whipped Topping	9 Octoberfest Bratwurst on Bun* <u>OR</u> Ham & Cheese on Wheat Bread Spiral Fries Chilled Pears	10 Cheese Pizza* <u>OR</u> Fresh Made Tuna Salad on Wheat Pita Bread Carrots & Celery w/Dip Chilled Pineapple	11 Beef & Cheese Grillquitos <u>OR</u> Turkey & Cheese on Wheat Bread Long Grain Wild Rice Chuckwagon Corn Chilled Mixed Fruit
14 Columbus Day No School	15 Turkey & Cheese on Croissant Potato Chips Pickle Chilled Peaches	16 Breakfast Sandwich* (English Muffin, Bacon, Cheese, OR NO Cheese, Egg Patty) Hash Brown Patty Fresh Oranges	17 Meatball Pizza Pocket* <u>OR</u> Fresh Made Chicken Salad on Wheat Bread Tossed Salad Tropical Fruit	18 Beef Chili Mac w/ Shredded Cheese <u>OR</u> Turkey & Cheese on Wheat Bread Cornbread Chilled Mixed Fruit
21 Grilled Chicken on Bun* <u>OR</u> Ham & Cheese on Wheat Bread Green Beans Chilled Pears	22 Pork BBQ on Bun* OR Turkey & Cheese on Wheat Bread Cole Slaw Mandarin Oranges	23 Chicken Cacciatore (Red Sauce) w/Pasta <u>OR</u> Plain Buttered Pasta Tossed Salad Breadstick Brownie	24 Meat & Cheese Nachos! Seasoned Corn Cornbread Chilled Peaches	25 Professional Development Day No School
28 Steak & Cheese Sub OR Turkey & Cheese on Wheat Bread Broccoli Chilled Mixed Fruit	29 Chicken Grillquitos <u>OR</u> Ham & Cheese on Wheat Bread Chicken Flavored Rice Seasoned Corn Manadrin Oranges	30 Cheeseburger Sliders OR Hamburger Sliders Potato Chips Pickle Chilled Pears	31 Cheese Pizza Sticks <u>OR</u> Fresh Made Tuna Salad on Wheat Pita Bread Celery & Carrots w/Dip Chilled Pineapple	